



Hi there,

You have been sent or given this flyer because someone thinks that you might be interested in the **Lanchester Mountaineering Club** (or the 'Lanch' as we like to call it).



The Lanch was formed in 1996 by graduates of Coventry University who wanted to keep in touch after leaving Uni and maintain links with the student club (C.U.M.S.). The Lanch organises its own meets, social events and its membership includes many non ex-Coventry university members. We are a mixed bunch in terms of age and interests with the main emphasis being on having a great time and enjoying the freedom of the outdoors.

### So what do we do?

Main activities include walking, rock climbing, mountain biking, skiing, drinking beer and tea shopping. Meets are, roughly, once a month across the UK and further afield. We already have a pretty full diary for the 2009-10 club year. Social meets are also held throughout the year. This year there's a birthday bash, a summer BBQ and the infamous 'Shrewsbury Curry' (rarely in Shrewsbury!). New Year in the Lakes is likely to be a big one! Membership also allows you to 'get down' with the Coventry students on their term time meets. For the more serious mountaineer, several international expeditions have taken place. We also organise courses like the Survival and Alpine First Aid course. Then there is the Annual Dinner. A chance for members to don posh frocks or DJs for a slap-up meal.



### What do you get for your membership?



The Lanch is affiliated to the British Mountaineering Club which, most importantly, gives us all indemnity insurance and allows us the use of BMC club's huts. That membership also gives us travel discounts, Summit magazine and discounts at over 600 outdoor equipment stores throughout the UK. For every trip you will get a 'Meet Sheet' with details of location, cost and local activities. The quarterly club newsletter the '*Loudhailer*' - contains accounts of trips away, items for sale, etc.

If you have not been a member of the LMC then we invite you to come along on a meet without joining, or complete the attached membership form and send it to the membership secretary (address at the bottom of the form).

If you would like further information then please go to [www.lanchestermc.co.uk](http://www.lanchestermc.co.uk) where you can contact one of the committee. Hope to see you up a summit soon, LMC.